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# Effects of film thickness on moisture sorption, glass transition temperature and morphology of poly(chloro-*p*-xylylene) film

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### Abstract

Moisture sorption, glass transition temperature ( $T_g$ ) and morphology of ultra thin poly(chloro-*p*-xylylene) (parylene-C) are greatly influenced by geometrical confinement effects. For film <50 nm, the equilibrium moisture saturation is a decreasing function of film thickness. However, the  $T_g$  of film <50 nm is about 10 °C higher than thicker films. The above phenomena are attributed to the effect of geometrical confinement on the thermal properties and the morphology of parylene-C film. Surface confinement results in an increased in  $T_g$ , but a decreased in crystallinity for films <50 nm. In this study, we show that the increase in moisture sorption for parylene-C films <50 nm is dominated by the crystallinity variation.

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Keywords: Polymer thin film; Confinement effects; Moisture sorption

# 1. Introduction

Poly(*p*-xylylene) or commonly refers to as parylene and its derivatives have been widely used as protective coatings in microelectronic devices [1,2] and archival preservation [3] due to their outstanding properties, such as low moisture sorption, low dielectric constant and high optical transparency. Parylenes can be easily prepared by chemical vapour deposition (CVD) process, resulting in uniform, pinhole and solvent free films [4–6].

As miniaturation of device is inevitable, the thickness of the barrier film/protective coating used in these devices also shrinks, surface confinement eventually plays an important role in affecting the conformation, packing density, and the mobility of the polymer chains. Glass transition is one of the most commonly used properties to differentiate the thermal and physical stability in polymers. Keddie et al. was one of the earliest who reported anomalous  $T_g$  values as film thickness decreases below 40 nm [7]. It is now understood that when the interaction of the film with the substrate is strong, the surface confinement effect results in restricted

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chain mobility, and  $T_g$  increases as film thickness decreases. On the other hand, if the film/substrate interaction is weak, the free surface effect dominates, and the polymer has higher mobility, thus a lower  $T_g$  is expected for ultra thin film [8,9]. The above thickness-dependent  $T_g$  on supported film can be described by the following equation [10]:

$$\frac{T_{g}(z)}{T_{g}(\infty)} = \frac{1}{2} \left\{ \exp\left(-\frac{\alpha_{1}-1}{z/z_{0}-1}\right) + \exp\left(-\frac{\alpha_{2}-1}{z/z_{0}-1}\right) \right\}$$

where z is the film thickness,  $T_{g}(z)$  and  $T_{g}(\infty)$  are the thickness-dependent  $T_{\rm g}$  and the bulk value, respectively,  $\alpha_1$ is a measure of the free surface effect, the substrate effect is represented by  $\alpha_2$ , and  $z_0$  represents a characteristic length. Thus, the thickness-dependent behaviour of  $T_{\rm g}$  is determined by both the free surface effect and film/substrate interfacial effect. High chain mobility is anticipated at the free surface while restricted chain mobility at the film/ surface interface when the film/substrate interaction is strong [11]. Reiter has reported that the reduction of  $T_{\rm g}$  in supported polystyrene (PS) films is attributed to a reduction in mass density when the film is thinner than the average end-to-end distance [12]. Thickness dependent of  $T_{g}$  is also affected by the molecular weight of the polymer. Through the study of free-standing film, Mattson et al. have concluded that for thin film where the  $M_n$  is in the lower regime, the  $T_{\rm g}$  is controlled by a characteristic length scale

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intrinsic to glass transition, while in the higher  $M_n$  regime, chain confinement dominates the  $T_g$  [13]. A model was further developed, which describes the  $T_g$  dependent behaviour of ultra thin film by combining the presence of a highly mobile free surface layer with a length scale for cooperative dynamics [14]. This model shows a qualitative agreement with experimentally observed supported and free-standing films.

The relationship between the thickness dependence  $T_{\rm g}$ has also been linked to the polymer chain dynamics through diffusion of small molecules. Diffusion coefficient of dye molecules in PS film has been reported to decrease as the film thickness decreases in conjunction with a decrease in the  $T_{\rm g}$  [15]. Another study on the swelling of polyelectrolyte reports that the equilibrium swelling is independence of film thickness but the diffusion coefficient decreases with decreasing film thickness [16]. The decrease in diffusion coefficient is attributed to confinement effect. In this work, we report the study of moisture absorption of parylene-C film in relation to the changes in  $T_{\rm g}$  and film structure/ morphology as a function of film thickness. Majority of previous studies on thin film confinement focus on thermoplastic polymers such as PS and poly(methyl metharcylate) (PMMA). Parylene-C is a linear polymer and semicrystalline in bulk phase. Also, in comparison to existing reports of thin film dynamics, parylene-C is deposited via vapour phase deposition without the effect of solvent and spin coating. The chemical structure of parylene-C is shown in Schematic 1.

# 2. Experimental

#### 2.1. Parylene-C film preparation

Parylene-C films were deposited by the well-known Gorham method [4,5] using a custom designed vacuum coater. The parylene-C dimer was vaporized at 100 °C, and thermally pyroylzed at 700 °C. The reactive intermediate was deposited and polymerized instantaneously on the substrate at room temperature in the deposition chamber. For thickness and  $T_g$  measurements, the parylene-C was deposited on cleaned Si substrate. For moisture sorption measurements, the parylene-C was deposited on the gold surface of QCM crystal. The thickness of the film was roughly controlled by the dimer feed amount.



Schematic 1. Repeat unit structure for parylene-C.

#### 2.2. Ellipsometry measurements

Film thicknesses were measured using a variable angle spectroscopic ellipsometer VASE (J. A. Woollam Inc., Lincoln, NE). The  $\psi$  and  $\Delta$  data at angles of 65, 70, 75° over the wavelength range from 500 to 1000 nm were fitted using Cauchy model. Prior to the ellipsometry measurements, the film thickness was first estimated by a KLA Tencor-P10 surface profilometer.  $T_{g}$  measurements were performed by placing the supported film on a Linkam TMS 94 heating/cooling stage. The ellipsometric angles ( $\psi$  and  $\Delta$ ) were continuously recorded at 120 s intervals while the sample was heated at a constant rate of 2 °C/min. The  $T_{\rm g}$ was determined from the intersection of the best fit of two straight lines in the thickness versus temperature curve. To ensure that all samples were with equivalent and well defined thermal histories, only  $T_{\rm g}$  values in the second run were used.

# 2.3. QCM measurements

A Maxtek research grade quartz crystal microbalance (RQCM) (PLO-10 phase lock oscillator, 5 MHz AT cut, Cr/Au polished quartz crystal, 0.4 cm<sup>2</sup> active area) was used to measure the moisture sorption. Initially, the parylene-C coated crystal sensor was allowed to reach equilibrium in a low humidity chamber (Relative humidity, RH:  $20\pm1\%$ ), then transferred immediately to a high humidity chamber (RH:  $95\pm1\%$ ). The whole moisture sorption experiment was carried out at a constant temperature of  $25\pm0.1$  °C. The crystal resonance frequency was recorded at a rate of twice/min. The frequency shift was converted into mass by the following equation [17]:

$$Mass = \frac{(f_{uncoated} - f_{dryfilm})}{C_f}$$
(1)

where the Mass is parylene-C film mass per unit area,  $C_{\rm f}$  is a constant determined by the crystal used,  $f_{\rm uncoated}$  and  $f_{\rm dryfilm}$  are the resonance frequencies of bare crystal and crystal coated with film (dry), respectively. The percentage of moisture absorbed at steady state can be calculated by the following equation:

Moistrue (wt%) = 
$$\frac{(f_{dryfilm} - f_{wetfilm})}{(f_{uncoated} - f_{dryfilm})} * 100\%$$
 (2)

where the  $f_{\text{wetfilm}}$  is the resonance frequency of film saturated with moisture.

#### 2.4. X-ray diffraction and X-ray reflectivity measurements

X-ray diffraction (XRD) of the parylene-C films were measured using a Bruker GADDS diffractometer Cu  $K_{\alpha}$  radiation and a graphite monochromator (the accelerating voltage: 40 kV; the applied current: 40 mA). The measurements were carried out at room temperature with the

following parameters: scan range,  $2.5-33^{\circ}$ ; scan time, 30 min; incident angel, 1°. Distance from the X-ray source to sample was 15 cm, and 0.5 mm double pinhole collimator.

The densities of parylene-C films were investigated by high resolution X-ray reflectometry (XRR) at grazing incidence angle in the X-ray demonstration and development beamline at Singapore Synchrotron Light Source (SSLS) Center. The diffractometer is the Huber 4-circle system 90000-0216/0, with high-precision of 0.0001° step size for  $\Omega$  and  $2\theta$  circles. The storage ring, Helios 2, was running at 700 MeV, typically stored electron beam current of 200 mA. X-ray beam was conditioned to select Cu  $K_{\alpha 1}$ radiation (8.048 keV in photon energy) by a Si (111) channel-cut monochromator (CCM) and blocked to be 0.20 mm high in vertical direction and 8.00 mm wide in horizontal direction by a slit system. Such set-up yielded X-ray beam with about 0.005° in divergence. The detector slit was adjusted as 0.60 mm high to ensure recording all reflected photons. The typical counting time was 5 s for every step and step size varies from 0.01 to 0.001° for different samples to ensure that the oscillation in reflectivity was well recorded. Diffuse scattering at off-set angle was also measured in the range of above measurement. As it is much weaker, there is no need to correct the specular reflectivity by subtracting the diffuse scattering. The data were corrected with the finite slit height, i.e. 0.200 mm.

The X-ray reflectivity data simulations were done using simulating software M805 and LEPTOS release 2004 (Bruker). The densities of the films thicker than 40 nm were obtained through the fitting of the critical angle, while the densities of the films less than 40 nm which do not show obvious critical angles were obtained through the fitting of the amplitudes of oscillation around the critical angles in XRR curve even though the accuracy is not as good as that of fitting of the critical angle. Levenberg-Marquardt algorithm for least-square refinement on logarithm of data can be done for all samples. Final  $\chi^2$  values were typically  $3 \times 10^{-4}$ .

#### 2.5. AFM measurements

Atomic force microscopy (AFM) measurements were performed using a Digital Instrumental Nanoscope IV AFM (Digital Instruments, Santa Barbara. CA). Height images were acquired under ambient conditions in tapping mode using a silicon cantilever tip (Pointprobe<sup>TM</sup> cantilever length 128  $\mu$ m and a resonance frequency of 288–326 kHz).

# 3. Results and discussion

# 3.1. Moisture sorption by QCM

The parylene-C films deposited on Si substrate are fullygrown and uniform in thickness. A representative AFM image of 8 nm parylene-C is shown in Fig. 1. Fig. 2 shows the raw dynamic resonance frequency and resistance shift versus time for the 14 nm film. The parylene-C coated QCM is allowed to stabilize for at least 1 h in a 25 °C and 20% RH chamber before switching to a 25 °C and 95% RH chamber. For all films, there is an immediate decrease in the resonance frequency when the QCM sensor coated with parylene-C film is shifted from 20 to 95% RH. This observation was reported by a moisture sorption study on photoresist films using QCM [18]. It is believe that the high sensitive QCM enables the detection of instantaneous mass uptake by the film. The mass of moisture sorption is obtained from the frequency shift according to Eq. (1). The moisture sorption isotherm for various film thicknesses is shown in Fig. 3. In the two-stage moisture sorption process, the first stage completes rather quickly in less than 10 min up to a frequency shift of 3-5 Hz. The second stage reaches final saturation much slowly compared to the first stage and appears to follow a Fickian diffusion behaviour. In bulk film studies, two-stage moisture sorption behaviour is commonly observed when there is a specific interaction between the polymer and the penetrant. However, both parylene-C and the Au substrate are hydrophobic, it is unlikely that parylene-C has a specific interaction with the absorbed moisture. Also, the first stage becomes more apparent with decreasing film thickness, we believe that the first stage is due to surface adsorption, which is not normally observed in a traditional moisture sorption isotherm. The second stage is due to the moisture diffusion from the outermost layer to the inner film. The time to reach the final saturation increases with increasing thickness; this is in agreement with classical one-dimensional diffusion-controlled moisture transport [19].

The equilibrium moisture saturation as a function of film thickness is summarized in Fig. 4. Since the first stage sorption is attributed to the surface adsorption, only the second stage sorption, which is attributed to the real



Fig. 1. AFM topographic features of the 8 nm parylene-C coated on the Si substrate.



Fig. 2. Frequency and resistance change as function of moisture sorption time for the 14 nm film.

moisture sorption, is calculated. As film thickness decreases, the absolute moisture sorption (frequency change,  $\Delta f$ ) decreases, but the equilibrium moisture sorption increases. The equilibrium moisture sorption point is exceptionally high for the 14 and 8 nm film. Water contact angle results show that the hydrophilicity of parylene-C surface is similar to that of Au surface (90° on parylene-C surface versus 84° on Au surface), eliminating the possibility of a large amount of water accumulation at the film/Au interface as reported by Vogt et al. [16] for polyimide film. Absorbed moisture calculated from QCM results is mainly attributed to real parylene-C film moisture uptake. In our study, there is no specific interaction between the parylene-C film and the substrate (Au). However, it is worth pointing out that due to the unique deposition method, the parylene-C adheres extremely well to the Au surface (attempted to peel the film off the substrate was unsuccessful). It is unlikely that the thickness dependent moisture uptake is dominated by film/substrate interaction in parylene-C. If the dynamic of ultra thin parylene-C is dominated by the confinement effect due to strong film/ substrate adhesion, then a decrease in the moisture uptake is expected. Probable causes on this observation are discussed in the following sections.



Fig. 3. Moisture sorption isotherm of parylene-C as a function of film thickness.



Fig. 4. Absolute and fractional moisture sorption of parylene-C films as a function of film thickness.

# 3.2. $T_g$ characterization by ellipsometry

Ellipsometry has been used to yield information on the glass transition of thin film based on temperature dependence of film thickness. Fig. 5(a) shows a representative thickness and refractive index changes of a 21 nm parylene-C film as a function of temperature. The  $T_g$  value can be clearly identified from the well-defined kink. The



Fig. 5. (a) Representative thickness and refractive index at 610 nm changes of parylene-C film as a function of temperature. (b)  $T_g$  variation of parylene-C films as a function of film thickness.

thickness-dependence of  $T_g$  as a function of film thickness is shown in Fig. 5(b). For films thicker than 50 nm, the  $T_g$  is constant near 45 °C, in close agreement with the  $T_g$ measured by Differential Scanning Calorimetry (DSC) [20]. However, the  $T_g$  increases by about 10 °C for films thinner than 50 nm. The coefficient of thermal expansion (CTEs) of the parylene-C as a function of film thickness is plotted in Fig. 6. The CTEs below and above  $T_g$  increase as the thickness of the film decreases. As reported by Kahle et al. [21], the extraordinary enhanced CTE is mainly attributed to the temperature dependence of the optical properties of the Si substrate.

# 3.3. Film crystallinity and density by X-ray diffraction and reflectivity

For thinner parylene-C film, possible causes for the higher  $T_g$ , higher moisture sorption for thinner films are: (1) lower film density; (2) lower degree of crystallinity, but (3) strong film/substrate adhesion.

Fig. 7 shows that for film thinner than 50 nm, its density is substantially lower compared to thicker films as obtained from XRR. It was also confirmed by the refractive index results. For same material under same physical state, the refractive index decreases with decreasing density assuming that there is no mass loss due to thermal degradation. Indeed, QCM was used to verify that there is no mass loss of the parylene-C thin film at 140 °C. Fig. 8 shows that the refractive index at 610 nm and 25 °C decreases with decreasing thickness, indicating the density decrease. A lower density could be a result of low packing density in the amorphous phase or a lower crystallinity. Fig. 9(a) shows the XRD peak for parylene-C film with thickness ranges from 10 to 150 nm. The diffraction peak at  $2\theta = 14^{\circ}$ correspond to the (020) plane of the monoclinic unit cell, this crystal phase is also refer to as the  $\alpha$ -phase [22]. The crystallinity was derived by normalizing the integrated peak intensity with film thickness under the assumption of there is no crystal structure change within this thickness range. As



Fig. 6. CTEs below and above  $T_g$  of parylene-C films as a function of film thickness.



Fig. 7. (a) XRR curves for various parylene-C films. (b) Density variation of parylene-C films as a function of film thickness obtained from XRR data.



Fig. 8. Refractive index variation at 610 nm and 25  $^{\circ}\mathrm{C}$  as a function of film thickness.



Fig. 9. (a) XRD peaks of parylene-C as a function of film thickness. (b) Normalized XRD peak intensity as a function of film thickness.

shown in Fig. 9(b), crystallinity of parylene-C shows a nonlinear dependence on film thickness, specifically the crystallinity decreases as film thickness decreases. Due to the surface confinement in ultra thin film, the crystallization process as parylene-C film grows is likely to be retarded, which result in lower crystallinity. Retardation of crystallization in ultra thin film has been observed for spin coated poly(di-n-hexylsilane), where crystallization rate and degree of crystallinity is substantially lower when the polymer film is <50 nm [22]. A large decrease in crystallinity is observed for film below 20 nm and at  $\sim 10$  nm, the film failed to crystallize. Through measurement of optical birefringence, Senkevich has shown that for parylene-C film, the crystallinity decreases significantly for film <50 nm [23]. Both AFM (Fig. 10(a)) and XRR (Fig. 10(b)) results show that the roughness of parylene-C decreases substantially when film thickness is <40 nm. The reduction in film roughness in a semicrytalline material is associated with a reduction in film crystallinity.



Fig. 10. (a) Surface roughness of parylene-C (from AFM scan) as a function of thickness. (b) Surface roughness of parylene-C (from XRR data) as a function of thickness.

An overall lower film density would results in higher chain mobility, however, it is worth pointing out that the moisture sorption experiment was carried with parylene-C deposited on the gold-coated quartz crystal, while the  $T_{\rm g}$ measurement was carried out for parylene-C film deposited of Si wafer. Although we do not anticipate specific interaction between the parylene-C with either the gold or the Si substrate, it is possible that the Si substrate having a native oxide/hydroxide interacts with the chlorine group in parylene-C. The strong film/substrate adhesion may affect the length scale for co-operative motion of parylene-C chain, resulting in higher  $T_{g}$ . An increase in the percentage of the amorphous phase does not results in an increase in  $T_{\rm g}$ , only an increase in the signal for  $T_g$  detection. However, since CTE is a measure of both the crystalline and amorphous phase, the higher percentage of amorphous phase results in higher CTE. In this study, we show that the moisture sorption behaviour of parylene-C as a function of film thickness is dominated by the effect of crystallinity change.

# 4. Conclusions

Geometrical confinement has significant effects on the moisture sorption,  $T_g$  and the morphology of ultra thin parylene-C film. The highly mass-sensitive QCM allows the monitoring of the moisture uptake of these ultra thin films over time. Interestingly, surface adsorption was discernible from the moisture sorption isotherm. In this study, we show that surface confinement has resulted in a retarded crystallization during the growth of parylene-C. The lower crystallinity in ultra thin film (<50 nm) accounts for the observed lower film density. Although the surface confinement resulted in higher  $T_g$  for film <50 nm, the overall effect of an increase in the amorphous phase dominates the moisture sorption of the ultra thin parylene-C films.

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